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ASSESSMENT FOR CLIENT FIT

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This assessment should be tailored to fit the specifics of the client and their presenting concern.

Level of risk:

- Is the client suicidal, or have a significant risk of becoming so? YES / NO
- Is the client homicidal, or have a significant risk of becoming so? YES / NO
- Does the client have delusions about technology/electronics, or have a significant risk of developing them? YES / NO
- Is the client willing to identify an appropriate support person, and their own identity, location, and phone number? YES / NO
- Is the counselor competent in addressing the client's needs/goals via telemental health services? YES / NO
- Is the client a victim of domestic abuse?
  - Have the risks of telemental health services in domestic abuse situations, and the options of in-person counseling been discussed with the potential client? YES / NO

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- Has it been determined that telemental health counseling is the best option for the client, or is the client unwilling to seek in-person counseling? YES / NO

Technology: Questions to ask the client

When using video conferencing or email:

- Do you have a computer/device with internet access and that has the capability of using (name of video conferencing, or email technology)? YES / NO
- Do you have a location to receive telemental counseling in a location that allows for confidentiality? YES / NO
- Are you comfortable with using video conferencing or email as a means of receiving counseling? YES / NO

- I use Mytherapist for online counseling. It requires (ex: setting up an account, downloading the program, Are you comfortable with trying to use this technology? YES / NO
- I ask that you test the capability of your computer and internet access with the video conferencing, email, technology with either me or a friend. Are you willing to do this? YES / NO
- I will be sending you registration forms via the counseling website that I use and you will have to create a new password, sign off on agreement forms, and fill out a registration form. This is something that I can walk you through, however, is this something you are comfortable with? YES / NO
- There is the potential for technology breakdowns and interruptions. Do you believe that the use of technology will cause you more distress than it will help you? YES / NO
- *If using phone or email: Are you willing to have an initial session in-person or via video conferencing, in order to verify your identity? YES / NO

When providing counseling via the phone:

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- Do you have a location to receive telemental counseling in a location that allows for confidentiality? YES / NO
- Are you comfortable with using the phone as a means of receiving counseling? YES / NO
- If registration is done online: I will be sending you registration forms via the counseling website that I use, and you will have to create a new password, sign off on agreement forms and fill out a registration form. This is something that I can walk you through, however, is this something you are comfortable with? YES / NO
- There is the potential for technology breakdowns and interruptions. Do you believe that the use of technology will cause you more distress than it will help you? YES / NO
- Are you willing to have an initial session in-person or via video conferencing, in order to verify your identity? YES / NO
- *If initial session is done via video conferencing, review the questions above pertaining to video conferencing.

Region/Location:

- Will you be in the state of Georgia while receiving counseling? YES / NO
- Are emergency services accessible? YES / NO

Insurance (if applicable):

- Are you willing to pay my cost of $150.00 for initial session/ includes walking through technology, $ 110.00 for 55 min session or $105.00 for 45 minutes per session? YES / NO

If any of the answers are **RED**, the client may not be a fit for telemental health counseling at this time.

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